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THE FRIENDSHIP BREAKUP

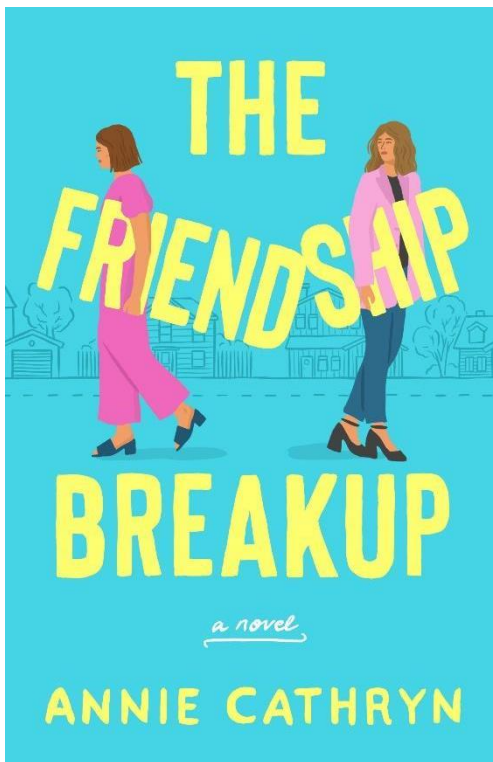
A NOVEL

“This novel will be popular with readers who find themselves navigating life in a way no one prepared them for. Funny, endearing, and sincere.”

—Booklist

Named one of Zibby Owens’ Most Anticipated Reads of 2023.

—Zibby Mag



Bad Moms meets *Mean Girls* in **THE FRIENDSHIP BREAKUP** (Alcove Press / February 7, 2023), a fresh, clever, and complex “mom-com” about the ups and downs of friendship, perfect for fans of Laurie Gelman and Jennifer Weiner.


Fallon Monroe, mother of one, self-help book junkie, and budding chocolatier, has always relied on her mom friends in the Chicago suburbs to get her through the trials of adulthood. When her bestie Beatrice inexplicably starts ghosting her and takes all their mutual friends with her, Fallon’s left wondering how everything went so wrong. Pushing down a lifetime of insecurities, Fallon doubles down and decides to win them back. First, she hosts an epic Mexican fiesta that goes epically wrong. Then she joins a friendship app but discovers a disturbing secret about one of her new friends.

Just when she’s about to throw in the towel on the whole friendship mess, Fallon reads a recently unearthed letter she’d refused to deal with decades earlier—and reading it forces her to finally face the deep-seated fears she’d desperately tried to bury. Now, looking at her friendships through fresh eyes, she must decide between hanging on and letting go.

Fallon is an instantly likeable heroine—as vulnerable as she is determined—and she’ll have readers eagerly turning the pages as they join her on an emotional journey into the hopes and fears of adulthood.



Annie Cathryn has always dreamed of becoming an author and lives by the motto, “Creating is Living.” *The Friendship Breakup* is her debut book baby, born out of love. When not writing or reading, she’s organizing her personal library collection by color and discovering delectable chocolate. She earned a journalism degree and a master’s in communications from Marquette University, and lives in Chicagoland with her husband, daughter, and two fur babies.
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The Friendship Breakup hit #15 on Amazon's New Releases in Friendship Fiction, was a Zibby's pick for 2023 and was honored with The BookFest award, the Best Midwest Regional Fiction IPPY award, a National Indie Excellence award, and a Book Excellence award.

Annie's essays have been published by *YourTango*, *Moms Don't Have Time to Write*, *Shepherd.com*, *Medium*, and *Moms Don't Have Time to Grieve*.

"Cathryn's thought-provoking debut may be billed as a 'mom-com,' but one need not be a mom to appreciate it. A sure bet for fans of Jennifer Weiner."
—*Library Journal*

"A fun story that moms of young children will empathize with."
—*Portland Book Review*

"An enjoyable read. I suspect that Fallon will remind many of us of ourselves."
—*Windy City Reviews*

"Annie Cathryn delivers a delightful story with true ups and downs, strong females, and relatable characters."
—Courtnee Turner Hoyle, *Readers' Favorite* 5-star review

"Sometimes funny, sometimes heartbreaking . . . A heartwarming tale."
—Liz Talley, *USA Today* bestselling author of *Adulting*

"Just the escapist romp I needed. An easy read full of relatable mom drama."
—Lainey Cameron, award-winning and bestselling author of *The Exit Strategy*

"Cathryn is an author to watch. A novel with a big heart that will captivate readers."
—Rochelle Weinstein, *USA Today* bestselling author of *When We Let Go*

"Sharp, witty, and relevant to everyone who has ever outgrown a friend."
—Sara Goodman Confino, Amazon bestselling author of *She's Up to No Good*

"The best books shed light on what many think but few have the courage to say—and that's precisely what *The Friendship Breakup* does."
—Camille Pagán, national bestselling author of *I'm Fine and Neither Are You*

"Highly entertaining and snort-thru-your-nose-funny look at female friendships—the politics, the allegiances, the mudslinging in the suburban mommy world—that at its core is a love letter to our deep need for community, connection and most importantly, to knowing our own heart."
—Lisa Roe, author of *Welcome to the Neighborhood*

Alcove Press

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